VISION
CHAT envisions a future where individuals, communities and ecosystems across Africa are healthy and thriving.

MISSION
CHAT’s mission is to support underserved individuals and communities in fragile ecosystems across Kenya to access family planning information & services.
MESSAGE FROM
PROGRAMME COORDINATOR

Dear Friends

What a year of uncertainty 2020 became. However, despite COVID 19 causing havoc in so many ways, it did not hinder CHAT from continuing to successfully implement towards its long-term goal helping communities organize and advocate for their own health services, as a way to reduce poverty and improve environmental sustainability whilst utilizing the tenants of a Population, Health and Environment (PHE) framework.

CHAT continues to be guided by its 5 Year Strategic Plan. In 2020 we reached out to 2 additional ecosystems, Amboseli in southern Kenya and partnering with the Baptist Church in the Lake Turkana Ecosystem.

Come March 2020 CHAT was requested by the GoK to participate in COVID 19 steering committees both at the County and National levels; providing an initial virtual platform for brainstorming and sharing strategies, logistics, challenges & other lessons. CHAT fell back on its experience during the early 2000s when working closely with the MoH & Centers for Disease Control (CDC), exploring ways then to mitigate the HIV/AIDS pandemic in challenging & hard to reach communities.

Since March 2020, CHAT’s implementation now includes a strong component of COVID 19 prevention activities integrated into CHAT’s “core focus” of providing underserved communities access to holistic family planning services which include TB prevention & basic curative treatment.

Whilst back at ‘base’ for the most part, the CHAT team resorted to working from their homes to ensure adherence to C19 protocols where daily virtual meets (Zoom and Skype) became the norm.

... helping communities organize and advocate for their own health services, as a way to reduce poverty and improve environmental sustainability whilst utilizing the tenants of a Population, Health and Environment (PHE) framework ...

Thank you so much for being part of the positive changes we are seeing. Without your help thousands and thousands (if not millions) of desperate people would be without hope. The challenges are still great but we still believe there is a hopeful future ahead.

Sincerely,

SHARON WREFORD SMITH
CHAT Founder, Program Coordinator and for CHAT Trustees.
**CHAT’S CORE APPROACH**

CHAT’s implementation model encompasses three core types of interventions, supported by a holistic approach to environmental awareness. These core interventions each respond to a specific set of needs or challenges for delivering family planning, and CHAT believes they must be delivered together to ensure sustainability and impact.

**HEALTH SERVICES**

CHAT also offers a suite of health services (TB, HIV testing and support, as well as basic medication and treatments) that are relevant to women, men, girls and boys, as a way of offering people a variety of entry points to access family planning. This integrated health services approach has proven successful in addressing the variety of barriers faced by underserved communities.

**EMPOWERING COMMUNITIES**

In the ecosystems where CHAT work, if they identify a community with no local health facility or committee, then the CORPs in the area will establish Village Development Committee (VDCs). The CORPs, with CHAT’s support, will connect this committee to local government agencies, to enable the community to build up a relationship with these agencies and to access training and funding opportunities. They also offer leadership on issues such as gender violence, security, environmental conservation, water, and other development issues.

**QUIET ADVOCACY**

Additional challenges to people accessing family planning information and services include limited government funding and weak supply chain management. To address these challenges, CHAT engages in some direct advocacy work. CHAT currently sits on three planning committees – for Laikipia, Samburu and Isiolo Counties – to advocate for increased funding for family planning within the broader health portfolio, and to lobby for integration of CHAT’s strategy into the overall workplan of the County government.

**ENVIRONMENT**

A Population, Health & Environment approach recognizes the complex interconnection between people, their health, and the natural resources on which they depend. It provides a framework for understanding and addressing these issues holistically, on the assumption that the outcomes for both human welfare and the environment will be greater than if these issues are addressed separately.
WHERE WE WORK

ECOSYSTEM

CHAT focuses their work where people and nature co-exist within fragile ecosystems. These areas include a variety of ecosystems from mountains to acacia woodland to dryland savannah to riverine areas, and include regions bordering conserved areas, or within community conservancies.

UNDERSERVED

Approximately 80% of the inhabitants receiving CHAT’s services live in underserved rural areas. Barriers for these individuals to access and use family planning include poverty, lack of education or literacy, remote areas with no functioning health facility, cultural and religious barriers and myths or misconceptions. For example, in Samburu, Laikipia, Isiolo, Marsabit & Baringo the people are largely transient, semi-nomadic pastoralists from a number of ethnic groups, including Samburu, Turkana, Pokot, Boran, Somali and Mukogodo.

CHAT BELIEVES

1. Individuals can contribute more towards livelihood and economic opportunities when family size is manageable. This includes social opportunities, education and economic outcomes for all individuals in the community.

2. When you increase the spacing between children both mother and child have better health outcomes.

3. Increased family planning use reduces suffering of particularly women, including gender-based violence.

4. With the reduction of family size, populations reduce pressures on the environment.

5. When natural resource availability improves, security overall will improve for communities.

6. All our partners are key but the government is the most sustainable long-term partner for family planning, health, and environment needs of the community.
CHATS OUTREACH STRATEGIES

Reaching people by foot, vehicle or hoof!

CAMEL

In the more remote and difficult to reach areas, CHAT employs mobile camel safaris, which offers integrated health services including family planning, antenatal care, HIV testing and counseling, basic curatives and referrals for other health issues.
BACKPACK

Our CORPs go door-to-door, in their own and surrounding communities, and provide information and counseling on family planning using a population, health and environment (PHE) approach and any other health concerns individuals may have.

Working with people in the privacy of their own home allows people to feel at ease and make informed decisions in a confidential and low-pressure environment. The CORPs provides referrals to local medical centres and assists individuals to access these services. The CORPs also engage with people about broader ecological and social issues that impact the community’s overall well-being.

MOTOR MOBILE

CORPs work with CHAT alongside local leaders and government representatives to identify areas where communities have limited access to health facilities, significant unmet family planning and health needs and where the cost of accessing medical facilities is a barrier.

In these areas, initially a motor mobile clinic is organized to provide integrated health services including family planning, immunizations, antenatal care, child welfare clinics, basic curatives and referrals.
**CHAT’S ECOSYSTEMS**

Our work in 2020

CHAT focuses their work where people and nature co-exist within fragile ecosystems. These areas include a variety of environments from mountains to acacia woodland to dryland savannah to riverine areas, and include regions bordering conserved areas, or within community conservancies.

Within these ecosystems, population growth and density are unsustainable for the health of communities and the environment. People rely on the natural resources for their livelihood and once degraded communities experience ever deepening cycles of poverty.

### Key for Ecosystems

- **CORPS**: Activities conducted by VSOs/CORPS
- **CAMEL MOBILE OUTREACHES**: Activities conducted by mobile teams using a camel
- **MOTOR MOBILE (CIRCUITS)**: Activities conducted by mobile teams using a motor
- **BACKPACK (ON FOOT)**: Rural outreach activities done on foot
- **VILLAGE COMMITTEES**: Activities conducted by village committees

### North Kenya Rangelands

**Dry, Shrubby, Remote**

- **Ecosystem**: Samburu & Marsabit
- **Days**: 1x30 days* (Northern Kenya Rangelands) and 10x12 days (Ewaso Nyiro)
- **People Reached**: 23,147
- **Women Reached**: 11,672
- **Men Reached**: 8,459

*10 days in Northern Kenya Rangelands and ended in Ewaso for 20 days

**CHAT Activities in this Region in 2020:**

### Tana River

**Critical Water Basin**

- **Ecosystem**: Northern Kitui & Tharaka Counties
- **Days**: 10x12 days
- **People Reached**: 11,672
- **Women Reached**: 8,459

**CHAT Activities in this Region in 2020:**

### Mid Great Rift Valley

**Mixed Green Highlands with Low Dry Lowlands**

- **Ecosystem**: Kisii County
- **Days**: 7 days 1corps 10 days
- **People Reached**: 1,921
- **Women Reached**: 1,113

**CHAT Activities in this Region in 2020:**

### Lake Victoria

**Intense, Small-Scale Farming**

- **Ecosystem**: Kisii County
- **Days**: 1x30 days* (Northern Kenya Rangelands) and ended in Ewaso for 20 days
- **People Reached**: 27,089
- **Women Reached**: 19,301

*10 days in Northern Kenya Rangelands and ended in Ewaso for 20 days

**CHAT Activities in this Region in 2020:**

### Lake Turkana

**Extremely Hot Environment**

- **Ecosystem**: Turkana
- **Days**: 1x30 days* (Northern Kenya Rangelands) and ended in Ewaso for 20 days
- **People Reached**: 3,918
- **Women Reached**: 1,145

*10 days in Northern Kenya Rangelands and ended in Ewaso for 20 days

**CHAT Activities in this Region in 2020:**

### The Mara

**Wildlife, Wheat Plains**

- **Ecosystem**: Narok County
- **Days**: 1x30 days* (Northern Kenya Rangelands) and ended in Ewaso for 20 days
- **People Reached**: 2,126
- **Women Reached**: 1,223

*10 days in Northern Kenya Rangelands and ended in Ewaso for 20 days

**CHAT Activities in this Region in 2020:**

### Aberdare Range

**Mountains, Forestry, Rivers & Small Scale Farming**

- **Ecosystem**: Nyandarua
- **Days**: 1x30 days* (Northern Kenya Rangelands) and ended in Ewaso for 20 days
- **People Reached**: 1860
- **Women Reached**: 1145

*10 days in Northern Kenya Rangelands and ended in Ewaso for 20 days

**CHAT Activities in this Region in 2020:**

### Amboseli & Mt. Kilimanjaro

**Savannah, National Park & Small Scale Homesteading**

- **Ecosystem**: Kajiado - 4 Months
- **People Reached**: 1021
- **Women Reached**: 326

**CHAT Activities in this Region in 2020:**

### The Maasai Mara

**Very Cold, Green & Lush**

- **Ecosystem**: Meru, Nyeri & Nanyuki
- **Days**: 1x30 days* (Northern Kenya Rangelands) and ended in Ewaso for 20 days
- **People Reached**: 19,301
- **Women Reached**: 11,139

*10 days in Northern Kenya Rangelands and ended in Ewaso for 20 days

**CHAT Activities in this Region in 2020:**
BY THE PEOPLE, FOR THE PEOPLE, FROM THE PEOPLE

CHAT works with communities through a partnership approach

Local elders and leaders identify a ‘Community Own Resource Person’ (CORPs) who, by definition, must be good mobilisers, trusted by community, and able to respect individual’s confidentiality. There is no formal requirement, accreditation or education required before they join.

Each CORP supports their community in a customized way to the needs and challenges of that region, working alongside their home communities.

They focus on health and family planning but may also participate in finding solutions to issues around development, environment and livelihood projects. CORPs are performance based and supported by CHAT with ongoing mentoring and training (facilitated with the Government of Kenya).

STATISTICS

3 Counties (Laikipia, Isiolo & Samburu)  421 long term FP
1 trip this year for behavior change
30 days per trip

CAMELS

Other services provided: ANC 7 | Patients 278 | HIV Testing & Counseling 206
CHAT staff: 28 CORPS | 1 Locum nurse | 6 camel herders
Travel by foot while the camels carry medical equipment, rations & camping kit.

5 Counties (Laikipia, Isiolo, Samburu, Suguta valley & Marsabit)  8,653 Long term FP
1 Trip monthly, 2 trips quarterly
7-10 Days per trip

MOTOR

Other services provided: ANC 477 | Immunization 773 | Patients 2,703
HIV Testing & Counseling 1,299

14 Counties  31,319 Long term FP
45 CORPS
CORPs work daily

BACKPACK

Other services provided: ANC 1,052 | Immunization 1,568 | HIV Testing & Counseling 1,023

$5.59 average cost per person
1 CORP reaches 150 people/month
10 Village Development Committees supported
86% of inhabitants who receive CHAT’s services lie in underserved rural areas

2020}

| statistics | CHAT ANNUAL REPORT | 16 |
HOW TO SUPPORT
CHAT

If you would like to support CHAT please visit:
www.chatafrica.org/donate

To see our volunteering opportunities please see:
www.chatafrica.org/volunteer

For any other enquiries please contact:
mobileclinicsafrica@gmail.com

Check out our projects on
www.globalgiving.org

Donate/volunteer for projects on
www.givingway.com

<table>
<thead>
<tr>
<th>Amount</th>
<th>Description</th>
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<tr>
<td>US$10</td>
<td>Will provide 2 women with short-term contraception methods for 1 year</td>
</tr>
<tr>
<td>US$15</td>
<td>Will protect 1 woman against unwanted pregnancy for 5 years</td>
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<tr>
<td>US$25</td>
<td>Will supply 1 man with condoms for 1 year</td>
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<tr>
<td>US$50</td>
<td>Will support a community based mobilizer for 2 weeks to provide education on the link between family planning &amp; the environment</td>
</tr>
<tr>
<td>US$75</td>
<td>Will protect 5 women against unwanted pregnancy for 5 years</td>
</tr>
<tr>
<td>US$150</td>
<td>Will protect 10 women against unwanted pregnancy for 5 years</td>
</tr>
</tbody>
</table>

Donate/volunteer for projects on:
www.givingway.com
**DONORS**

Throughout CHAT’s history, there has been a focus on maintaining long-term partnerships with a variety of local, national and global donors and partners.

Many continue to support CHAT to this day, and we look forward to developing and growing our partnerships in the years to come. Here is a list of our donors in 2020. There are many private individual donors who contribute to our work and although we do not mention you here, we are very grateful for your support and will continue working hard for the communities we serve.

**DONORS**

- Anonymous - Kenyan Trust
- Community Health a Poverty Solution (CHAPS) - a founding partner - US
- Community Health and Sustainable Environment (CHASE) - a founding partner - UK
- East Africa Women League - Kenya
- Global Fund
- Government of Kenya
- Grevy’s Zebra Trust - Kenya
- Maliasili - Tanzania/US
- Save the Elephants - Kenya
- Kenya Wildlife Trust - Kenya
- Ewaso Lions Limited - Kenya
- The Nature Conservancy - US
- Lion Landscapes - Kenya
- Kijani Trust – Kenya
- The Small Project – Canada
- MEDS
- Morony Foundation - US
- Other small donations via PayPal, Global Giving & Giving Way

**PARTNERS**

- Milgis Trust – Kenya
- Loisaba conservancy - Kenya
- Narapu conservancy - Kenya
- Nkoteiya conservancy - Kenya
- Naibunga conservancy - Kenya
- Mpala Wildlife Foundation - Kenya
- Ol Jogi Conservancy – Kenya
- Suiyan - Kenya
- William Holden Foundation - Kenya
- Baotree organization- South Africa

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**FINANCES**

**INCOME:** Ksh.57,426,839

[All figures are in Kenya Shillings]

**EXPENSES**

- **PROJECT ACTIVITIES**
  - Outreach Activities: 25,713,485
  - Outreach Personnel Cost: 16,115,803
  - Vehicle expenses: 2,405,552

- **MONITORING AND EVALUATION**
  - Salaries: 3,780,000
  - Office expenses: 1,585,036
  - Insurance and licenses: 943,283
  - Depreciation: 1,782,334
  - Other (audit, bank charges, exchange loss etc): 569,868

- **ADMINISTRATION**
  - 3,074,082

All annual audits are available on the CHAT website at [www.chat.org](http://www.chat.org) or can be requested from mobileclinicsafrica@gmail.com
In 1999, Mpala Community Trust (MCT) is founded to provide family planning services to poor, underserved and marginalized communities. In 2000, Motor mobile strategy begins to provide services in Laikipia County. Most of the communities live 15-30 km away from the nearest facility.

In 2002, two CORPs are engaged. MCT begins to work with the Ministry of Health and our first HIV/AIDS programme begins. In 2003, we had our first camel mobile safari in Laikipia.

In 2007, The Communities Health Africa Trust (CHAT) is formed and joins with MCT. CHAT starts to design a PHE approach to their work, providing a holistic family planning intervention. In 2008, CHAT is granted funds for Laikipia and Samburu districts to initiate a motor mobile outreach.

In 2011, MCT is amalgamated into CHAT to reduce costs. CHAT continues to provide integrated health services with a focus on family planning to underserved communities. In 2012, CHAT wins the ‘Most Outstanding Health Market Innovation’ and ‘Mobile Health’ award from the Centre for Health Market Innovations (CHMI), supported by the Bill & Melinda Gates Foundation, the Rockefeller Foundation and UK Aid. CHAT participates in the Diamond Jubilee celebrations for Queen Elizabeth II to represent the northern pastoral communities of Kenya.

In 2014, Family planning training curriculum developed alongside MoH, with an integrated component of ecological awareness. In 2015, CHAT starts to engage in advocacy at the County level.

In 2018, CHAT serves over 130,000 individuals with a PHE approach, of which over 50,000 chose a contraceptive family planning method – the highest number of people ever reached in one year! CHAT now has a staff of 13 and an active partnership with 32 CORPs, who together support the provision of family planning access and integrated mobile health services in 7 critical ecosystems across Kenya.

In 2019, CHAT updated its 5 Year Strategic Plan with the help of Malaisili; produced an annual report in addition to their usual Quarterly Reports, and in March transferred the running of the Mpala staff clinic to Mpala Research Centre management.

In 2020, With the onset of COVID-19 in Kenya in March 2020, CHAT has had its boots on the ground in sensitizing the communities door-to-door on the pandemic on prevention and having isolation shelters in preparedness. The back-pack strategy has proved effective in ensuring that the underserved communities where CHAT operates have been sensitized and safe.
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➡ www.chatafrica.org

OUR GLOBAL GIVING & GIVINGWAYS PROJECTS:

Globalgiving: https://www.globalgiving.org/donate/6423/communities-health-africa-trust/

Givingway: https://www.givingway.com/organization/communities-health-africa-trust