CHAT envisions a future where individuals, communities and ecosystems across Africa are healthy and thriving.

MISSION
CHAT’S mission is to support underserved individuals and communities in fragile ecosystems across Kenya to access family planning information & services.
MESSAGE FROM
PROGRAMME COORDINATOR

CHAT continues to be guided by its 5 Year Strategic Plan (2019 – 2023).

Despite COVID 19 continuing to intimidate the world in 2021, it did not hinder CHAT from successfully implementing its activities that continue to focus on an integrated family planning service implementation in pursuit of 3 goals:

1) Providing access to family planning services,
2) Strengthening community structures,
3) Quiet, inclusive advocacy.

CHAT utilizes the tenants of an innovative Population, Health and Environment (PHE) approach which recognizes the complex interconnection between people, their health, and the natural resources on which they depend.

CHAT is delighted to report that many more men and male youth are willingly participating in the ‘family planning’ conversation, understanding that family planning is vital to themselves, their family, their livestock, the environment if overall wellbeing is to be achieved.

CHAT is grateful to the partner who so patiently assisted us with fundraising and communications support this last year – we hope that this capacity building can continue to help CHAT strengthen this challenging element in CHAT’s organisation.

CHAT also takes this opportunity to thank you, all our supporters, so much for being part of the positive changes we are seeing. Without your help thousands and thousands (if not millions) of desperate people would be without hope. The challenges are still great but we believe there is a hopeful future ahead.

Warm wishes from,

SHARON WREFORD-SMITH
CHAT FOUNDER & PROGRAM COORDINATOR
CHAT's implementation model encompasses three core types of interventions, supported by a holistic approach to environmental awareness. These core interventions each respond to a specific set of needs or challenges for delivering family planning, and CHAT believes they must be delivered together to ensure sustainability and impact.

**HEALTH SERVICES**
CHAT also offers a suite of health services (TB, HIV testing and support, as well as basic curative treatment). Supported components of behaviour change (BCC) information & sensitization relevant to women, men, girls and boys, as a way of offering people a variety of entry points to access family planning. This integrated health service approach has proven successful in addressing the variety of barriers faced by underserved communities.

**EMPOWERING COMMUNITIES**
In the ecosystems where CHAT work, if they identify a community with no local health facility or committee, then the CORP in the area will establish a Village Development Committee (VDC). The CORP, with CHAT’s support, will connect this committee to local government & other agencies, to enable the community to build up a relationship with these agencies and to access training, funding & income generating opportunities. CHAT will also partner with the GoK to capacity strengthen community structures that support on issues such as gender violence, security, environmental conservation, water, and other development issues.

**QUIET ADVOCACY**
In the ecosystems where CHAT work, if they identify a community with no local health facility or committee, then the CORPs in the area will establish VDCs. The CORPs, with CHAT’s support, will connect this committee to local government agencies, to enable the community to build up a relationship with these agencies and to access training and funding opportunities. They also offer leadership on issues such as gender violence, security, environmental conservation, water, and other development issues.
WHERE WE WORK

ECOSYSTEM
CHAT focuses their work where people and nature co-exist within fragile ecosystems. These areas include a variety of ecosystems from mountains, acacia woodland, dryland savannah, riverine areas, and include regions bordering conserved areas, within community conservancies and some urban slums.

SUDAN ETHIOPIA
UGANDA SOMALIA TANZANIA

UNDERSERVED
Approximately 80% of the inhabitants receiving CHAT’s services live in underserved rural areas. Barriers for these individuals to access and use family planning include poverty, lack of education or literacy, remote areas with no functioning health facility, cultural and religious barriers and myths or misconceptions. For example, in Samburu, Laikipia, Isiolo, Marsabit & Baringo the people are largely transient, semi-nomadic pastoralists from a number of ethnic groups, including Samburu, Turkana, Pokot, Boran, Somali and Mukogodo.

CHAT BELIEVES

- Individuals can contribute more towards livelihood and economic opportunities when family size is manageable. This includes social opportunities, education and economic outcomes for all individuals in the community.
- When you increase the spacing between children both mother and child have better health outcomes.
- Increased family planning use reduces suffering of particularly women, including gender-based violence.
- With the reduction of family size, populations reduce pressures on the environment.
- When natural resource availability improves, security overall will improve for communities.
- All our partners are key but the government is the most sustainable long-term partner for family planning, health, and environment needs of the community.
In the more remote and difficult to reach areas, CHAT employs mobile camel clinics, which offer integrated health services including family planning, antenatal care, HIV testing and counseling, basic curatives and referrals. These usually go out for a duration of one month at a time.
CHAT’s CORP partners move by going door-to-door, in their own and surrounding communities, providing information and counseling on family planning, implementing CHAT’s innovative and integrated PHE approach, and any other health concerns individuals may have.

The CORPs provide referrals to local medical centers and assist individuals to access these services. The CORPs also engage with people about broader ecological and social issues that impact the community’s overall well-being.

In some areas, initially a motor mobile clinic is organized to provide integrated health services including family planning, immunizations, antenatal care, child welfare clinics, basic curative treatment, and referrals.
CHAT focuses their work where people and nature co-exist within fragile ecosystems. These areas include a variety of environments from mountains to acacia woodland to dryland savannah to riverine areas, urban slums and include regions bordering conserved areas, or within community conservancies. CHAT reached over 500 communities this year within the ecosystem we serve.

Within the ecosystems CHAT reaches population growth and density are unsustainable for the health of communities and the environment. People rely on the natural resources for their livelihood - and once these resources become degraded communities experience ever deepening cycles of poverty.

### CHAT Activities in Various Regions in 2021

**North Kenya Rangelands**
- **Ecosystem**: Dry, shrubby, remote
- **Location**: Samburu & Marsabit, some of Isiolo County
- **Backpack (on foot)**: 10
- **Village Committees**: 0
- **10 days X 11 MTHS**: 31,128

**Tana River**
- **Ecosystem**: Critical water basin critical water basin running thru humid baoba & scrubland
- **Location**: Mwingi North & Tharaka South Sub-Counties
- **Motor Mobile (Circuits)**: 4
- **Village Committees**: 0
- **10 days X 2 MTHS**: 9,523

**Lake Victoria Basin**
- **Ecosystem**: Intense, small-scale farming
- **Location**: Nyaribari Masaba & Karachuonyo N. Sub-Counties
- **Motor Mobile (Circuits)**: 2
- **Village Committees**: 0
- **10 days X 1 MTH**: 3,441

**Lake Turkana**
- **Ecosystem**: Extremely hot environment
- **Location**: Suguta Valley
- **Motor Mobile (Circuits)**: 1
- **Village Committees**: 0
- **10 days X 1 MTH**: 1,918

**Mt. Kenya**
- **Ecosystem**: Rivers, mountains & dry shrub land
- **Location**: Meru, Nyeri & Nanyuki
- **Motor Mobile (Circuits)**: 2
- **Village Committees**: 0
- **0 days X 1 MTH**: 3,923

**The Mara**
- **Ecosystem**: Wildlife, wheat, plains
- **Location**: Narok County
- **Motor Mobile (Circuits)**: 2
- **Village Committees**: 0
- **0 days X 1 MTH**: 4,198

**Aberdare Mountains Range**
- **Ecosystem**: Mountains, forestry, rivers & small scale farming
- **Location**: Nyandarua County
- **Motor Mobile (Circuits)**: 1
- **Village Committees**: 0
- **0 days X 1 MTH**: 2,068

**Mt. Kilimanjaro (Amboseli)**
- **Ecosystem**: Hardship & struggle
- **Location**: Kajiado
- **Motor Mobile (Circuits)**: 2
- **Village Committees**: 0
- **0 days X 1 MTH**: 2,519
CORPs

CHAT works with communities through a partnership approach. Community elders and leaders identify a ‘Community Own Resource Person’ (CORPs) who, by definition, must be good mobilisers, trusted by community, and able to respect individual’s confidentiality. There is no formal requirement, accreditation or education required before they join. Each CORP supports their community in a customized way to the needs and challenges of that region, working alongside their home communities. They focus on health and family planning but may also participate in finding solutions to issues around development, environment and livelihood projects. CORPs are performance based and supported by CHAT with ongoing mentoring and training (facilitated with the Government of Kenya).
If you would like to support CHAT
Please visit: www.chatafrica.org/donate
www.chatafrica.org/volunteer
mobileclinicsafrica@gmail.com
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For any other enquiries
please contact:

Check out our projects on:

Donate/ volunteer for projects on:

MPESA PAYBILL

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**US$10**
Will provide 2 women with short-term contraception method for 1 year.

**US$15**
Will protect 1 woman against unwanted pregnancy for 5 years.

**US$25**
Will supply 1 man with condoms for 1 year.

**US$50**
Will support a community-based mobilizer for 2 weeks to provide education on the link between family planning & the environment.

**US$75**
Will protect 5 women against unwanted pregnancy for 5 years.

**US$150**
Will protect 10 women against unwanted pregnancy for 5 years.

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**Mobile X-Ray during community TB screening.**

**Data verification during M&E.**

**Patient screening before treatment.**

**Crossing Ngare Ng’iro river during a camel mobile clinic.**
Throughout CHAT’s history, there has been a focus on maintaining long-term partnerships with a variety of local, national and global donors and partners. Many continue to support CHAT to this day, and we look forward to developing and growing our partnerships in the years to come. Here is a list of our donors in 2020. There are many private individual donors who contribute to our work and although we do not mention you here, we are very grateful for your support and will continue working hard for the communities we serve.

**DONORS**
- “Anonymous” - Kenyan Trust
- Community Health a Poverty Solution (CHAPS) - US*
- Community Health and Sustainable Environment (CHASE) - UK*
- East Africa Women League -Kenya
- Global Fund
- Malasili -Tanzania/US
- Kenya Wildlife Trust - Kenya
- The Nature Conservancy - US
- Lion Landscapes - Kenya
- Kijani Trust – Kenya
- Morony Foundation - US
- Penelope Martin Charitable Trust
- Tropical Air
- Nanyuki Horse Show
- Danny Rosenkranz
- Other donations via PayPal, MPESA, Global Giving & Giving Way

*CHAT is a founding partner

**PARTNERS**
- Milgis Trust – Kenya
- Loisaba conservancy - Kenya
- Narupa Conservancy - Kenya
- Nkoteiya conservancy - Kenya
- Naibunga conservancy - Kenya
- Mpala Wildlife Foundation -Kenya
- Ol Jogi Conservancy – Kenya
- Suiyan - Kenya
- Government of Kenya
- Amref Health in Africa
- Mission for Essential Drugs & Supplies (MEDS)
- Nanyuki News
- 43 CORPs
- 33 grassroot health support groups & VDCs

**INCOME: KSH 60,282,649**

**EXPENSES:**

**A DETAILED BREAKDOWN OF COSTS TAKEN FROM THE CHAT FINANCIAL STATEMENT 2021:**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
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<tbody>
<tr>
<td><strong>PROGRAM EXPENSES</strong></td>
<td>45,219,614</td>
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<tr>
<td>Outreach activities</td>
<td>25,109,835</td>
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<tr>
<td>Salaries and wages</td>
<td>17,807,966</td>
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<td>Motor vehicle running expenses</td>
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<td><strong>MONITORING &amp; EVALUATION</strong></td>
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<tr>
<td><strong>ADMINISTRATIVE EXPENSES</strong></td>
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<td>Salaries and wages</td>
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<td>Office expenses</td>
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<td>Insurance and licenses</td>
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<td>Depreciation</td>
<td>1,328,206</td>
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<tr>
<td>Other(audit, bank charges etc)</td>
<td>458,703</td>
</tr>
</tbody>
</table>

All annual audits are available on the CHAT website at www.chat.org or can be requested from mobileclinicsafrica@gmail.com
1999-2000
In 1999, Mpala Community Trust (MCT) is founded to provide family planning services to poor, underserved and marginalized communities. In 2000, Motor mobile strategy begins to provide services in Laikipia County. Most of the communities live 15-30 km away from the nearest facility.

2002-2003
In 2002, two CORPs are engaged. MCT begins to work with the Ministry of Health and our first HIV/AIDS programme begins. In 2003, we had our first camel mobile safari in Laikipia.

2007-2008
In 2007, The Communities Health Africa Trust (CHAT) is formed and joins with MCT. CHAT starts to design a PHE approach to their work, providing a holistic family planning intervention. In 2008, CHAT is granted funds for Laikipia and Samburu districts to initiate a motor mobile outreach.

2011-2012
In 2011, MCT is amalgamated into CHAT to reduce costs. CHAT continues to provide integrated health services with a focus on family planning to underserved communities. In 2012, CHAT wins the ‘Most Outstanding Health Market Innovation’ and ‘Mobile Health’ award from the Centre for Health Market Innovations (CHMI), supported by the Bill & Melinda Gates Foundation, the Rockefeller Foundation and UK Aid. CHAT participates in the Diamond Jubilee celebrations for Queen Elizabeth II to represent the northern pastoral communities of Kenya.

2014-2015
In 2014, Family planning training curriculum developed alongside MoH, with an integrated component of ecological awareness. In 2015, CHAT starts to engage in advocacy at the County level.

2018-2019
In 2018, CHAT serves over 130,000 individuals with a PHE approach, of which over 50,000 choose a contraceptive family planning method—the highest number of people ever reached in one year! CHAT now has a staff of 13 and an active partnership with 32 CORPs, who together support the provision of family planning access and integrated mobile health services in 7 critical ecosystems across Kenya. In 2019, CHAT updated its 5 Yr Strategic Plan with the help of Malaisili, produced an annual report in addition to their usual Quarterly Reports, and in March transferred the running of the Mpala staff clinic to Mpala Research Centre management.

2020-2021
With the onset of COVID 19 in Kenya in March 2020, CHAT has had its boots on the ground in sensitizing the communities door-to-door on the pandemic on prevention and having isolation shelters in preparedness. The back-pack strategy has proved effective in ensuring that the underserved communities where CHAT operates have been sensitized and safe.
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