CHAT envisions a future where individuals, communities and ecosystems across Africa are healthy and thriving.

MISSION
CHAT's mission is to support underserved individuals and communities in fragile ecosystems across Kenya to access family planning information & services.

VISION
To improve health, well-being and environmental sustainability for the communities they serve.

Problem Statement
A lack of access to family planning information and services contributes to poverty, suffering, and environmental degradation, which negatively impacts communities and their surrounding ecosystems.

Core Purpose
To improve health, well-being and environmental sustainability for the communities they serve.
MESSAGE FROM PROGRAMME COORDINATOR

Dear Supporters and Friends,

I am pleased to present you with CHAT’s 2022 Annual Report.

This year we continued with the tradition of ensuring CHAT accomplishes its 3 main goals successfully:

1) Providing access to family planning services,
2) Strengthening community structures,
3) Quiet, inclusive advocacy.

I am excited to report that an increasing number of men and youth are participating in family planning activities. It is so important that men are not left out of the family planning ‘conversation’ for many reasons, and importantly by, using this approach helps to mitigate Gender Based Violence issues.

CHAT expanded its reach into an additional ‘ecosystem’, Mt Elgon, situated on the Kenya-Uganda border in western Kenya in TransNzoia County. CHAT is partnering with 2 CORPs in this ecosystem.

2 CHAT staff were invited to participate in 2 Non-Violence Communication conferences/workshops held in Tanzania and Germany, respectively. Having gained these skills, the staff returned to pass on the skills to the 64 CORP grassroots partners.

CHAT continues to work on strengthening its Resource Mobilisation abilities (i.e. fundraising) However, CHAT In 2022, we fell short of reaching our target of USD 750,000, only able to raise USD 721,000. CHAT focussed on strengthening Communications skills, including the opportunity to procure camera & video-making tools, including editing suites.

CHAT also procured a computer mapping program, thus increasing CHAT’s staff skill sets.

Going forward to 2023, CHAT plans to get an Impact Assessment done of their work. This will be done by an outside organisation. With this completed, CHAT will then update its 5-year strategic plan for another 5 years.

I would like to thank you all – supporters and friends, for being part of the positive changes we are seeing. Without your help, thousands and thousands (if not millions) of desperate people would be without hope. The challenges are great, but we believe a hopeful future is ahead!

Warm wishes from,

SHARON WREFORD-SMITH
CHAT FOUNDER & PROGRAM COORDINATOR
CHAT’s implementation model encompasses three core types of interventions, supported by a holistic approach to environmental awareness. These core interventions each respond to a specific set of needs or challenges for delivering family planning, and CHAT believes they must be delivered together to ensure sustainability and impact.

A Population Health & Environment (PHE) Approach

A PHE approach recognizes the complex interconnection between people, their health, and the natural resources on which they depend. It provides a framework for understanding and addressing these issues holistically, on the assumption that the outcomes for both human welfare and the environment will be greater than if these issues are addressed separately.
WHERE WE WORK

CHAT focuses their work where people and nature co-exist within fragile ecosystems. These areas include a variety of ecosystems from mountains, acacia woodland, dryland savannah, riverine areas, and include regions bordering conserved areas, within community conservancies and some urban slums.

UNDERSERVED

Approximately 80% of the inhabitants receiving CHAT’s services live in underserved rural areas. Barriers for these individuals to access and use family planning include poverty, lack of education or literacy, remote areas with no functioning health facility, cultural and religious barriers and myths or misconceptions.

CHAT BELIEVES

- Individuals can contribute more towards livelihood and economic opportunities when family size is manageable. This includes social opportunities, education and economic outcomes for all individuals in the community.
- When you increase the spacing between children both mother and child have better health outcomes.
- Increased family planning use reduces suffering of particularly women, including gender-based violence.
- With the reduction of family size, populations reduce pressures on the environment.
- When natural resource availability improves, security overall will improve for communities.
- All our partners are key but the government is the most sustainable long-term partner for family planning, health, and environment needs of the community.
In the more remote, semi-arid and difficult-to-reach areas, CHAT employs camel mobile health clinics, which offer integrated health services, including family planning, antenatal care, HIV testing and counselling, basic curative treatment and referrals, including for Gender Based Violence issues. These usually go out for a duration of one month at a time.
CHAT partners with community own resource persons to sensitize and mobilize, going door to door in their own and surrounding communities - providing information and counselling about family planning by implementing CHAT’s innovative and integrated population health & environment (PHE) approach. The CORPs provides referrals to local health centres and assist individuals to access these services. The CORPs also engage with people about broader ecological and social issues that impact the community’s overall well-being.

In some areas, initially a motor mobile clinic is organized to provide integrated health services including family planning, HIV counselling and testing, immunizations, antenatal care, child welfare clinics, basic curative treatment and referrals.
CHAT focuses their work where people and nature co-exist within fragile ecosystems. These areas include a variety of environments from mountains to acacia woodland to dryland savannah to riverine areas, urban slums and include regions bordering conserved areas or within community conservancies. CHAT reached over 500 communities this year within the ecosystem we serve.

Within the ecosystems CHAT reaches population growth and density are unsustainable for the health of communities and the environment. People rely on the natural resources for their livelihood - and once these resources become degraded communities experience ever deepening cycles of poverty.
Grassroots Partners
CHAT works with communities through a partnership approach. Community elders and leaders identify a ‘Community Own Resource Person’ (CORPs) who, by definition, must be a good mobiliser, trusted by the community, and able to respect an individual’s confidentiality. There is no form requirement, accreditation or education required before they join. Each CORP supports their community in a customized way to the needs and challenges of that region, working alongside their home communities. They focus on health and family planning but may also participate in finding solutions to issues around Gender Based Violence, disability, advocacy for health commodities at a grassroots level & other development, environment and livelihood projects. CORPs are performance-based and supported by CHAT with ongoing mentoring and training (facilitated with the Government of Kenya).
HOW TO SUPPORT CHAT

If you would like to support CHAT
Please visit:
www.chatafrica.org/donate

To see our volunteering opportunities
please visit:
www.chatafrica.org/volunteer

For any other enquiries
please contact:
mobileclinicsafrica@gmail.com

Check out our projects on:
www.globalgiving.org

Donate/ volunteer for projects on:
https://donorbox.org/a-health-community-for-a-healthy-environment

MPESA Paybill
831300 A/C GG18563

US $12
WILL PROVIDE 2 WOMEN WITH SHORT-TERM CONTRACEPTION METHOD FOR 1 YEAR

US $18
WILL PROTECT 1 WOMAN AGAINST UNWANTED PREGNANCY FOR 5 YEARS

US $30
WILL SUPPLY 1 MAN WITH CONDOMS FOR 1 YEAR

US $180
WILL SUPPORT OUR PARTNERSHIP WITH A COMMUNITY OWN RESOURCE PERSON (CORP) FOR 1 MONTH

US $90
WILL PROTECT 5 WOMEN AGAINST UNWANTED PREGNANCY FOR 5 YEARS

US $180
WILL PROTECT 10 WOMEN AGAINST UNWANTED PREGNANCY FOR 5 YEARS
Throughout CHAT’s history, there has been a focus on maintaining long-term partnerships with a variety of local, national and global donors and partners. Many continue to support CHAT to this day, and we look forward to developing and growing our partnerships in the years to come. Here is a list of our donors in 2020. There are many private individual donors who contribute to our work and although we do not mention you here, we are very grateful for your support and will continue working hard for the communities we serve.

**DONORS**
- “Anonymous” - Kenyan Trust
- Community Health a Poverty Solution (CHAPS) - US*
- Community Health and Sustainable Environment (CHASE) - UK*
- Danny from the UK
- East Africa Women League - Kenya
- Evolve
- Gitta from Germany
- Global Fund
- Health Yetu Foundation

* CHAT is a founding partner

**WORKING PARTNERS**
- 18 County Governments
- 33 grassroots health support groups & VDCs
- 64 CORP Partners
- Amref Health in Africa
- BodaBoda Saccos in Isiolo and Laikipia (37 riders)
- Crossroads baptist church
- Government of Kenya
- Kitiwra Conservancy
- Kenya Wildlife Trust
- Loisaba Conservancy - Kenya
- Mission for Essen al Drugs & Supplies (MEDS)
- Mpala Wildlife Foundation -Kenya
- Miligs Trust – Kenya
- Ker and Downy
- Kijani Trust – Kenya
- Lion Landscapes - Kenya
- Malasili - Tanzania/US
- Morony Foundation - US
- Nanyuki Horse Show
- Penelope Martin Charitable Trust
- The Nature Conservancy - US
- Tropic Air Kenya
- Other kind donations via PayPal, MPESA, Global Giving & Giving Way

**INCOME: KSH 81,095,457**

**EXPENSES: 79,960,445**

**A DETAILED BREAKDOWN OF COSTS TAKEN FROM THE CHAT FINANCIAL STATEMENT 2022:**

**PROGRAM EXPENSES**
- Outreach activities: 30,709,443
- Salaries and wages: 27,031,753
- Motor vehicle running expenses: 2,340,886

**MONITORING & EVALUATION**
- 7,578,947

**ADMINISTRATIVE EXPENSES**
- 12,299,416
- Salaries and wages: 5,132,141
- Office expenses: 1,621,507
- Insurance and licenses: 3,212,299
- Depreciation: 1,176,457
- Other(audit, bank charges etc): 1,157,082

It cost CHAT $6.08 per individual reached.

All annual audits are available on the CHAT website at www.chat.org or can be requested from mobileclinicsafrica@gmail.com
1999-2000
Nov 1999 - Mpala Community Trust (MCT) (which is later re-named CHAT) is founded to provide family planning services to poor, underserved and marginalized communities as a way of contributing to community well-being and environmental conservation.

2002
MCT starts to engage with 2 local community members - referred to as Community Own Resource Persons (CORPs) – as key external partners in their outreach strategy.
MCT starts to engage with local community members - referred to as Community Own Resource Persons (CORPs) – as key external partners in their outreach strategy. In the year 2002, CHAT has a partnership with 2 CORPs.
MCT was granted support for a 5-year HIV/AIDS program to run alongside its integrated family planning model, from the Global Fund. MCT begins to form a working partnership with the Ministry of Health (MOH) which continues up to today.

2003-2005
2003 - MCT implemented their 1st innovative camel mobile providing integrated health services in Laikipia
2005 - Nomadic Communities Trust (NCT) was founded to promote the MCT model in further, more hard-to-reach areas of northern Kenya.

2007-2011
2007 - The ‘Communities Health Africa Trust’ (CHAT) is formed and begins the slow amalgamation with MCT & NCT to reduce administrative costs
2011 - CHAT partnering with the Government of Kenya, Environment Ministries, and the Ministry of Health, design a family planning training curriculum thus designing a population health & environment (PHE) approach. This training enables CHAT to implement a holistic family planning intervention using a PHE approach

2012
CHAT wins the “Most Outstanding Health Market Innovation” Award in the categories of “Enhancing Processes” as well as in “Mobile Health” from the Centre for Health Market Innovations (CHMI), which is supported by the Bill & Melinda Gates Foundation, the Rockefeller Foundation and UK Aid.
CHAT was invited and participated in the Diamond Jubilee celebrations for Queen Elizabeth II to represent the northern pastoral communities of Kenya.
CHAT begins implementing the GFTB proyecto

2018-2019
In 2018, CHAT serves over 130,000 individuals with a PHE approach, of which over 50,000 chose a contraceptive family planning method the highest number of people ever reached in one year! CHAT now has a staff of 13 and an active partnership with 32 CORPs, who together support the provision of family planning access and integrated mobile health services in 7 critical ecosystems across Kenya.
In 2019, CHAT updated its 5 Yr Strategic Plan with the help of Maliasili; produced an annual report in addition to their usual Quarterly Reports, and in March transferred the running of the Mpala staff clinic to Mpala Research Centre management.
CHAT starts capacity building VDCs

2020-2021
With the onset of COVID 19 in Kenya in March 2020, CHAT has had its boots on the ground in sensitizing the communities door-to-door on the pandemic on prevention and having isolation shelters in preparedness. The backpack strategy has proved effective in ensuring that the underserved communities where CHAT operates have been sensitized and safe.

2022
The camel mobile makes a comeback after a long hiatus since 2020. CHAT reached into a new Ecosystem – The Mt Elgon Ecosystem and CHAT attends 2 international workshops to present CHAT’s strategies on their contribution to working at mitigating GBV through NVC.
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CONTACTS

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🌐 www.chatafrica.org

OUR GLOBAL GIVING & DONORBOX PROJECTS:
Globalgiving: https://www.globalgiving.org/donate/6423/communities-health-africa-trust/
Donorbox: https://donorbox.org/a-health-community-for-a-healthy-environment